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| **Date** | **Location** | **Workout** |
| 6PM Tues Aug 27 | Virtual | Parent Meeting |
| Tue Sep 3 | Rockburn ES | Time Trial |
| Wed Sep 4 | Rockburn ES | Time Trial |
| 3PM Sun Sep 8 | Rockburn Park | Distance  Pizza After |
| Tue Sep 10 | Rockburn Park | Hills |
| Wed Sep 11 | Rockburn ES | Flats |
| 12:30PM Sun Sep 15 | Catonsville HS | Meet  Ice Cream and Snowballs After |
| Tue Sep 18 | Rockburn ES | Flats |
| Wed Sep 19 | Rockburn Park | Hills |
| 3PM Sun Sep 22 | Centennial Park | Distance |
| Tue Sep 25 | Rockburn Park | Hills |
| Wed Sep 26 | Rockburn ES | Flats |
| 4PM Sun Sep 29 | Guildford Rd | Distance  Jason’s Deli After |
| Tue Oct 1 | Rockburn ES | Flats |
| Wed Oct 2 | Rockburn Park | Hills |
| 12:30PM Sun Oct 6 | Century HS | Meet |
| Tue Oct 8 | Rockburn Park | Hills |
| Wed Oct 9 | Rockburn ES | Flats |
| 3PM Sun Oct 13 | Lake Kitti | Distance |
| Tue Oct 15 | Rockburn ES | Flats |
| Wed Oct 16 | Rockburn Park | Hills |
| Sun Oct 20 | Home Workout | Distance |
| Tue Oct 22 | Rockburn Park | Hills |
| Wed Oct 23 | Rockburn ES | Flats |
| 9AM Sun Oct 27 | Oella Trolley Trail | Distance  Hot Chocolate After |
| Tue Oct 29 | Rockburn ES | Flats |
| Wed Oct 30 | Rockburn Park | Hills |
| T.B.D. Sun Nov 3 | Rockburn Park | Distance |
| 8AM Sun Nov 10 | Rockburn Park | 5k and Fun Run |
| Sun Nov 17 | Home Workout | Distance |
| 10AM Sun Nov 24 | Centennial Park | Distance |
| 8:30AM Thur Nov 28 | Downtown Columbia | Turkey Trot |

**Rockburn Elementary School**

6145 Montgomery Rd, Elkridge, MD 21075

**Rockburn Park Pavilion**

6105 Rockburn Branch Park Rd, Elkridge, MD 21075